

Evaluating the North East and North Cumbria NHS Staff Tobacco Dependency Offer

Participant information sheet – survey

We are conducting this survey to **understand the perspectives of NHS Staff who have utilised the NHS Staff Tobacco Dependency Offer (STDO) within the North East and North Cumbria.** Specifically, how acceptable the service was to you. **We are interested in your experiences of accessing and utilising the NHS Staff Tobacco Dependency Offer (STDO).** The survey should take approx. 10 minutes to complete.

In this research study we will collect information from you. We will only collect information that we need for the research study. If you want to withdraw from the study, you just need to close the survey uncompleted. If you have completed the survey and wish to withdraw, you can, but we will be unable to remove your responses, as the survey is anonymised, and we won't know which responses are yours.

We are conducting a small number of interviews to further explore and understand the views and experiences of NHS staff who have accessed the NHS Staff Tobacco Dependency Offer (STDO). Therefore, at the end of the survey there is the option to leave your name, email address and contact telephone number, if you are happy to be contacted further. Participants who are interviewed will receive a £15 Love2Shop voucher to reimburse their time.

All information that is collected throughout this survey will be kept strictly confidential and will be anonymous. Everyone involved in this study will keep your data safe and secure. We will also follow all privacy rules. The collected information will be stored at Newcastle University securely, as per Newcastle University Policy. All data will be processed in compliance with the GDPR. The findings from this study will be used to provide feedback to the North East and North Cumbria (NENC) Integrated Care Board (ICB). These findings will also be written up into a report and as a journal paper. We will make sure no-one can work out who you are from the reports we write.

This study is funded by NENC Smokefree NHS/Treating Tobacco Dependency Taskforce through funds received from NHS England to implement and evaluate the NHS Staff Tobacco Dependency Offer.

This study has received favourable ethical opinion from Newcastle University Faculty of Medical Sciences Ethics Committee. For further information please contact Dr Kerry Brennan-Tovey; kerry.brennan-tovey@newcastle.ac.uk

Evaluation of the North East and North Cumbria (NENC) NHS Staff Tobacco Dependency Offer

Consent form - Survey

Participant ID (to be completed by researcher):

Thank you for your interest in taking part in this research. Please complete this form after you have read the Participant Information Sheet and/or listened to an explanation about the research study.

Please tick the box to confirm		
1.	I confirm that I have read the information sheet dated [14/06/2023] (version [1.0]) for the above study, I have had the opportunity to consider the information, ask questions and I have had any questions answered satisfactorily.	
2.	I understand that my participation is voluntary and that I am free to withdraw at any time, up to the point before data is anonymised, without giving any reason, without my professional role or legal rights being affected. I understand that if I decide to withdraw, any data that I have provided up to that point cannot be withdrawn due to the nature of the survey being anonymised.	
3.	I consent to the processing of my personal information (name, telephone number, e-mail, demographic information) for the purposes of this research study, as described in the information sheet dated [14/06/2023] (version [1.0]).	
4.	I consent to my anonymised research data being stored and used by others for future research.	
5.	I understand that my anonymised research data may be published as a report.	
6.	I agree to take part in this research project.	
<i>Participant</i>		

<i>Name of participant</i>	<i>Signature</i>	<i>Date</i>

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Survey

Gender

Male	Female	Non-binary/third gender	Prefer not to say

Ethnicity

White – British	White – Irish	White – any other white background	Mixed – White and Black Caribbean	Mixed – White and Black African	Mixed – White and Asian

Mixed – any other mixed background	Asian or Asian British – Indian	Asian or Asian British – Pakistani	Asian or Asian British – Bangladeshi	Asian or Asian British – any other Asian background	Black or Black British - Caribbean

Black or Black British – African	Black or Black British – any other Black background	Other Ethnic Groups – Chinese	Other Ethnic Groups – any other ethnic group

If other, please state

Age

What is the first half of your home postcode? (i.e., NE30)

Which local authority did you access?

Durham County Council (provided by ABL Health)	Gateshead Council (Including QEF outpatient pharmacy)	Hartlepool Council (provided by Hartlepool Support Hub)	Newcastle Council (provided by CGL)	North Cumbria (provided by Gateshead Health Staff Team or NHS Smoke Free App)

North Tyneside Council	Northumberland Council	South Tees Stop Smoking Service	South Tyneside Council	Stockton-on-Tees Council

Sunderland Council	Smokefree App	Smokefree Staff Team – Gateshead Health	I don't know

Work setting

Allied Healthcare Professionals	Nursing and Midwifery Registered	Community Services	Clinical Support Staff	Admin and Clerical	Porting and Estates

Domestic Services and Catering	Corporate Services	Directors and Senior Management	Medical Professional	Other

If other, please state

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1. Affective attitude – *how an individual feels about the intervention*

How comfortable did you feel engaging with the NHS Staff Tobacco Dependency Offer (STDO)?

Very uncomfortable	Uncomfortable	No opinion	Comfortable	Very comfortable
1	2	3	4	5

2. Burden – *the amount of effort required to participate in the intervention*

How much effort did it take to engage with the NHS Staff Tobacco Dependency Offer (STDO)?

No effort at all	A little effort	No opinion	A lot of effort	Huge effort
1	2	3	4	5

3. Ethicality – *the extent to which the intervention has good fit with an individual's value system.*

There are moral or ethical consequences to engage with the NHS Staff Tobacco Dependency Offer (STDO)?

Strongly disagree	Disagree	No opinion	Agree	Strongly agree
1	2	3	4	5

4. Perceived effectiveness – *the extent to which the intervention is perceived to have achieved its objective*

The NHS Staff Tobacco Dependency Offer (STDO) has aided me in a quit attempt

Strongly disagree	Disagree	No opinion	Agree	Strongly agree
1	2	3	4	5

5. Intervention coherence – *the extent which the participant understands how the intervention works*

It is clear to me how the NHS Staff Tobacco Dependency Offer (STDO) will help me in a quit attempt

Strongly disagree	Disagree	No opinion	Agree	Strongly agree
1	2	3	4	5

6. Self-efficacy – *a participants confidence that they can perform behaviours required to participate in the intervention*

How confident did you feel about engaging with the NHS Staff Tobacco Dependency Offer (STDO)?

Very unconfident	Unconfident	No opinion	Confident	Very confident
1	2	3	4	5

7. Opportunity costs – *the benefits, profits or values that would have to be given up to engage with the intervention*

Engaging with the NHS Staff Tobacco Dependency Offer (STDO) interfered with my other priorities

Strongly disagree	Disagree	No opinion	Agree	Strongly agree
1	2	3	4	5

8. General acceptability

How acceptable was the NHS Staff Tobacco Dependency Offer (STDO) to you?

Completely unacceptable	Unacceptable	No opinion	Acceptable	Completely acceptable
1	2	3	4	5

We will be conducting a small number of informal interviews to help us further explore and understand the views and experiences of NHS staff who have accessed the staff tobacco dependency offer. As a thank you for your time, a £15 Love2Shop voucher will be made available to you upon completion of the interview. If you are happy to and would like to receive further information about this, please include your details below.

Name

Email

Telephone